



# Foundation House

Learning & Professional Development Calendar  
Semester 2, 2011

## Spirituality and Human Service Practice

God centredness is a core value of many of the refugee and special humanitarian entrants with whom Foundation House works. World views that give primacy to spiritual beliefs provide an important context for our therapeutic work. Spirituality is often inextricably linked to healing and recovery. The relationship between spirituality and human service practice is thus clearly important.

Work with refugees can be challenging both existentially and spiritually. Practitioner self care is clearly very important. Personal and professional spiritual nurture can assist in sustaining practitioners in their therapeutic work with refugees.

This two day weekend retreat is designed for human service practitioners interested in engaging intentionally and reflectively with spirituality and practice. The retreat will provide a space and a place for case discussion, critical reflection on practice and gentle and respectful exploration of diverse spiritualities, theologies and world views. It will also provide participants with the opportunity for spiritual nurture through a range of meditative and contemplative practices.

This residential retreat will be of particular relevance to human service practitioners working with refugees, but will also have a broader applicability to those working cross culturally and / or with an interest in spirituality. Enquiries to Lew Hess - [hessl@foundationhouse.org.au](mailto:hessl@foundationhouse.org.au).

### Two Day Retreat

A two day weekend retreat for human service practitioners interested in engaging intentionally and reflectively with spirituality and practice.

**Cost: \$380**

(includes all meals, accommodation in single rooms, and a copy of the book: *Spirited Practices, Spirituality and the Helping Profession*, edited by Fran Gale, Natalie Bolzan & Dorothy McRae-McMahon.

**Cost without the book:  
\$350**

Friday night 16th September until  
Sunday afternoon 18th September

Janssen Spirituality Centre for Interreligious and Cross Cultural Relations  
Boronia